



warm springs
**Counseling
Center**



Mothers Group

For mothers of children with Autism Spectrum Disorders

Mothers of Children with ASD Group will focus on:

- Personal coping strategies
- Demands of playing multiple roles
- Self-care
- Education about ASD

This group is accepting mothers of children with ASD interested in joining. Sessions are held weekly on Fridays from 4:00-5:00 p.m. and are ongoing.

This group was designed to meet the unique emotional needs of mothers of children with ASD. The group is designed to provide space for mothers to explore personal issues that are raised by parenting a child with ASD. Sessions primarily consist of group discussion.

The facilitators of this group are Carolyn Golden, Psy.D. and Kate Phipps, LPC.



Warm Springs Counseling Center accepts most insurance plans and Medicaid.

Subsidy programs are available for those who qualify.

Date & Time:

Occurs weekly on
Fridays
4:00-5:00 p.m.

Location:

Children's Home Society
740 Warm Springs Ave.
Boise, ID 83712

Registration:

Amy Thompson, LMSW
Social Services Manager
208-343-7797 x 1211 or
athompson@
childrenshomesociety.com

Cost:

\$30 per session